

True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to True Health New Mexico members. The \$0 copay does not apply to all of our health plans. Members should call Customer Service at 1.855.769.6642 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

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| NONFORMULARY, NONPREFERRED, PRIOR-AUTHORIZATION-REQUIRED PRODUCT NAME | CONDITION                                    | FORMULARY ALTERNATIVES (list is NOT all-inclusive)                                     |
|---|--|--|
| ACTEMRA*  | RHEUMATOID ARTHRITIS                         | Humira, Enbrel   |
| CIMZIA*   | CROHN'S DISEASE                              | Humira, Stelara  |
| SIMPONI*  | RHEUMATOID ARTHRITIS                         | Humira, Enbrel   |
| XELJANZ*  | RHEUMATOID ARTHRITIS                         | Humira, Enbrel   |
| ORENCIA*  | PSORIATIC ARTHRITIS                          | Humira, Enbrel, Cosentyx, Stelara, Otezla  |
| KINERET*  | RHEUMATOID ARTHRITIS                         | Humira, Enbrel   |
| TANZEUM   | DIABETES                                     | Trulicity, Victoza, Bydureon, Byetta (Step Therapy)                                    |
| FARXIGA   | DIABETES                                     | Invokana, Jardiance  |
| ROZEREM   | INSOMNIA (UNABLE TO SLEEP)                   | eszopiclone, zaleplon, zolpidem  |
| ONGLYZA   | DIABETES                                     | Januvia, Tradjenta, alogliptin (Step Therapy)  |
| NEXIUM PACKETS  | GASTROESOPHAGEAL REFLUX DISEASE (GERD)       | lansoprazole, omeprazole, esomeprazole (Step Therapy)                                  |
| SEEBRI NEOHALER   | CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) | Atrovent HFA, Spiriva Handihaler, Spiriva Respimat, Incruse Ellipta                    |
| mupirocin 2% cream  | SKIN INFECTION                               | mupirocin 2% ointment  |
| fluoxetine 10mg and 20mg tablets                                      | BEHAVIORAL HEALTH                            | fluoxetine 10mg and 20mg capsules  |
| tizanidine 2mg, 4mg, 6mg capsules                                     | SPASTICITY                                   | tizanidine tablets   |
| frovatriptan  | MIGRAINE                                     | eletriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan                        |
| almotriptan   | MIGRAINE                                     | eletriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan                        |
| AMITIZA   | IRRITABLE BOWEL SYNDROME WITH CONSTIPATION   | lactulose, bisacodyl, polyethylene glycol, senna, magnesium citrate, LINZESS, MOVANTIK |

\* Product is used to treat more than one condition.